



HÔTEL & SPA DES PÊCHEURS
ÎLE DE CAVALLO | CORSE | FRANCE

SPA & MASSAGE

Your path to serenity starts here.



SPA & WELLNESS CENTRE

Our SPA workers are professionals trained in Eastern and Western disciplines, graduates from the best European and international schools, always on the lookout for new techniques and knowledge to offer you the best in the world of wellness. Massotherapists, Osteopaths, Shiatsu Operators, and Sports Coaches are at your service to help you find the moment of resolution and well-being you seek.



OUR PRODUCTS

In our SPA, we select the finest natural, vegan eco-certified products and offer a wide choice of treatments with the latest generation cosmeceuticals. We strongly believe in the potential of Nature as well as that of Science. Every massage treatment or pathway is intended to help you regain the well-being you deserve.



FACIAL AND BODY TREATMENTS BY MIAMO*

MIAMO, what better guarantee to love ourselves unconditionally?

MIAMO is the name of the avant-garde cosmeceutical products we offer in our SPA, with the aim of healing and reharmonising the tissue of your skin. You will rediscover the well-being of natural skin.

*Available at the Hotel SPA



FACIAL TREATMENTS

HYDRASHINE 50' • €90

Illuminating and deeply moisturising, this is the ideal treatment to nourish the skin after an intense day in the sun or before a special evening.

CHRONO INTENSE 50' • €90

Intensive anti-aging treatment with a tightening effect, improves wrinkles and deeply stimulates the production of collagen.

NEW SKIN MUM 50' • €90

To moisturize, protect and nourish the skin during pregnancy.

EPIGENETIC POWER 50' • €90

Redensifying, lifting and illuminating treatment.

Performed with Miamo's epigenetic line, to protect and correct aging induced by external factors.

Also perfect for preparing the skin for a special occasion.

FACIAL TREATMENTS

PURITY SKIN 50' • €90

Treatment indicated for oily skin. Rebalancing and astringent, it restores balance and beauty to the skin.

SKIN RESTORE 50' • €90

Ultra-reparative treatment for damaged or fragile skin, also for drug-induced damage.

FACIAL EXPRESS 25' • €45

Facial treatment for all skin types.

ACNEVER PLUS 50' • €90

Treatment for acne-prone skin, astringent, antibacterial and anti-inflammatory. Also excellent for post-acne scars.



BODY TREATMENTS

DRAINING ICE TREATMENT 50' • €95

Draining and reducing treatment with Cryo, wraps, and lymphatic drainage massage.

ANTICELLULITE ACTIVE SLIM 50' • €145

Shock treatment for cellulite. Exfoliation and stimulation plus specific massage for a visible and long-lasting reducing effect.

PALPER ROULER MASSAGE 50' • €100

Specific massage for cellulite, or for critical areas in need of this special connective tissue technique.

ULTRA TONE 50' • €95

Treatment for skin laxity, restores firmness and elasticity to the skin.

MASSAGGI

TAILORING MASSAGE

Designed for the client's different needs, it blends several techniques for a unique and personalized massage.

25' - €50 | 50' - €95 | 80' - €135

AYURVEDIC

Physically, mentally, and emotionally strengthens the individual so that he or she can vividly experience his or her state of well-being.

25' - €50 | 50' - €95 | 80' - €135

DECONTRACTING

Relieves muscle tension, is a form of manipulation designed and practiced for what can be described as therapeutic purposes.

25' - €50 | 50' - €95 | 80' - €135

LYMPHATIC

A special type of massage useful for aiding the drainage of lymphatic fluids, reducing stagnation by stimulating lymphatic circulation.

25' - €50 | 50' - €95 | 80' - €135

MASSAGES

THAI

An oriental technique that combines traditional Chinese medicine, the Ayurvedic tradition, and yoga to bring profound positive effects to both our body and mind.

25' - €50 | 50' - €95 | 80' - €135

CONNECTIVE TISSUE

Manipulation of connective tissue of medium intensity, useful maneuvers to reduce tension and adhesions, scarring restoring normal connective tissue function.

25' - €50 | 50' - €95 | 80' - €135

REFLEXOLOGY

Technique that uses the stimulation of specific areas of the foot to restore the body's balance. Useful in cases of congestion and tension, helps against back pain, anxiety, and stress.

25' - €50 | 50' - €95 | 80' - €135



MASSAGES

THERAPEUTIC

A therapeutic form of massage consisting of a series of maneuvers performed with the hands that benefit areas of the body where pain is felt, to relax muscles or tone tissues.

25' - €60 | 50' - €105 | 80' - €245

AROMATIC RELAXATION

Characterized by the use of essential oils combined with specific techniques for mental and physical relaxation according to the client's needs.

25' - €50 | 50' - €90 | 80' - €130



SHIATSU

A manual treatment originating in Japan that provides holistic well-being and balance through gentle pressure applied along the energy meridians.

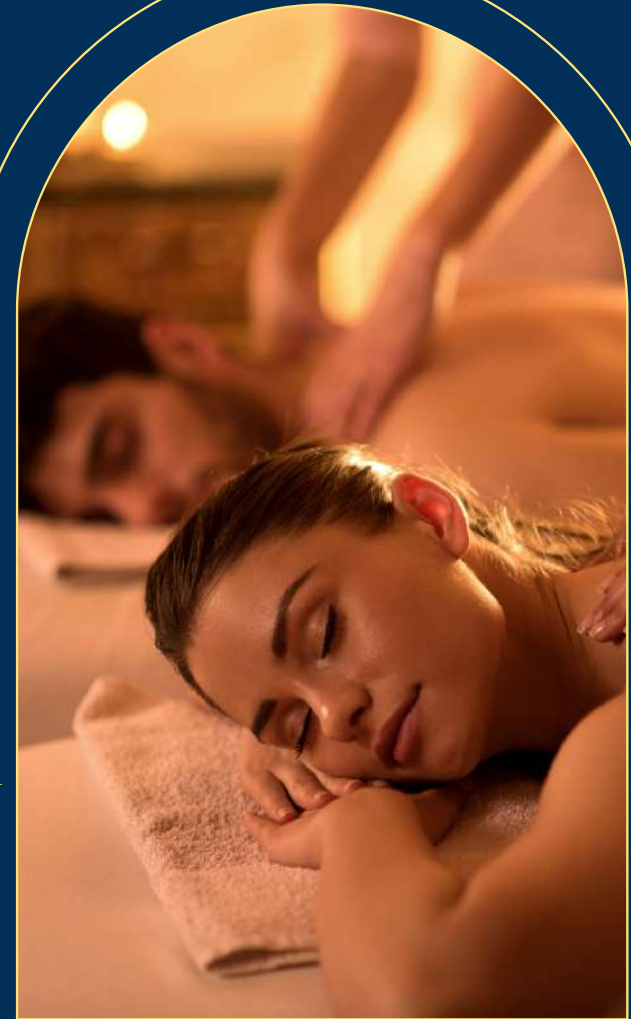
25' - €50 | 50' - €95 | 80' - €135

ROMANTIC MASSAGE

RELAXATION FOR 2

Designed to provide a moment of sharing in total relaxation enriched by the fragrances of essential oils.

50' - €195 | 80' - €245



BODY GOMMAGE

SCRUB

25'

Dermocosmetic treatment aimed at exfoliating the most superficial layer of the skin. Excellent for preparing the skin for sun exposure.

Scrub

€50

Scrub + Relax massage

€140

MUD BATHS

50'

They improve local microcirculation, their vasotonic properties strengthen cell walls, reduce their permeability, and prevent the retention of interstitial liquids.

Mud Baths

€60

Mud baths + Draining massage

€155

BEAUTY

EPILATION

Bikini	€25
Full bikini	€45
Small areas	€15
Half leg	€25
Full leg	€35
Arms	€25
Chest/back man	€30
Half Leg man	€35
Whole leg man	€50

Simple Manicure	€ 35
Manicure with nail polish	€ 40
Semi-permanent Manicure	€55
Simple Pedicure	€45
Curative Pedicure	€60
Pedicure with nail-polish	€50
Semi-permanent Pedicure	€60
Polish change	€15
Semi-permanent nail polish removal*	€20
Full gel	€110
Single nail gel	€10

*free if applied by us.



FITNESS & POOL

Daily gym entrance + sauna	€15
Gym entrance 10-pack 10 + sauna	€140
Individual lessons with personal trainer	€90
Group sports activity lessons	per pax €25
Daily access to the outdoor pool	(max 10 pax) €35
2 hours access to the outdoor pool	€20
From mid-June:	
Group Yoga lessons	€20
Private Yoga lesson in villa or boat	€70

INCLUDED SERVICES FOR OUR GUESTS

Gym equipped with Technogym

Outdoor Pool

Sauna

Heated Dead Sea salt pool with hydro
massage*

*on reservation, max 3 pax, max 1 hour



RULES

To ensure peace and quiet for all guests, we kindly ask you to keep noise to a minimum. Please turn off mobile phones and any devices that may disturb the peace and quiet of the SPA.

BOOKING

We recommend booking in advance to guarantee your preferred date and time. To make a quick reservation, use the QR code or contact our staff by e-mail or phone.

CANCELLATION POLICY

Notice of cancellation of the booked service must be given at least 8 hours before the scheduled time. In case of no notice, from 8 hours to 2 hours before the scheduled time, 50% of the cost of the service will be charged. Without notice, the full cost of the treatment will be charged.

LOST PROPERTY

All items lost in the SPA will be taken to the hotel reception. The management declines all responsibility for the loss of money or valuables.

ARRIVAL

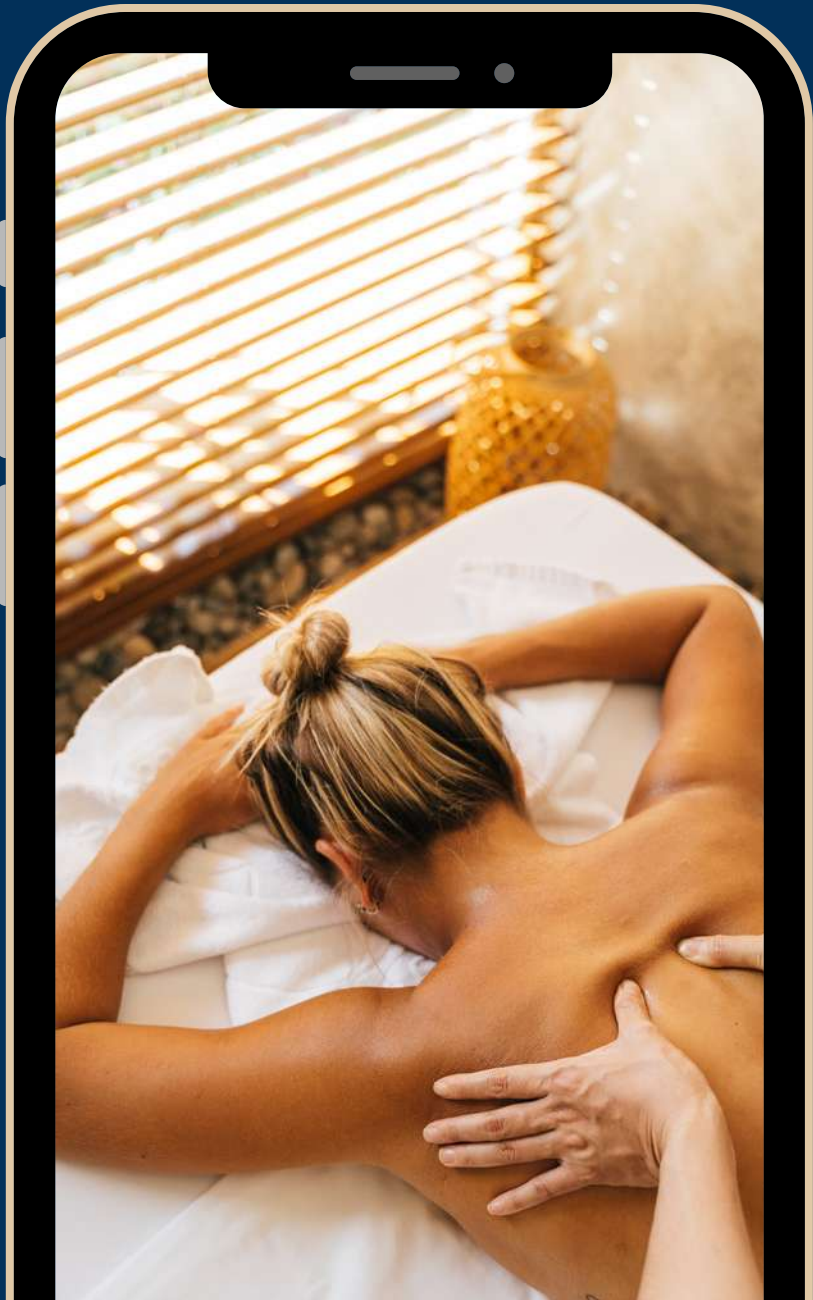
Please arrive at the SPA at least 10 minutes before your scheduled appointment to allow us to prepare you for your experience. Please understand that late arrivals will not provide an extension of the scheduled time in order not to compromise other guests' appointments.

SPECIAL CONDITIONS

Please notify us of any health conditions, allergies, or injuries that may affect your experience. If you are pregnant, inform the staff so that they can guide you in choosing the most suitable treatments during this special period.

CHILDREN AND TEENAGERS

Children from 14 to 18 years of age may only access the indoor pool under the supervision of a responsible adult, while children up to 14 years of age are only allowed access to the outdoor pool if accompanied.



CONTACT US

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